



Speaker One-Sheet

Heather Robinson

Speaker | Writer | Survivor

About Me

Heather is a breast cancer survivor, writer, and founder of Grace Grit and Pink Ribbons. After losing her mother to breast cancer and walking her own fight, she created a platform to amplify survivorship stories and provide support for women navigating life after cancer.

She speaks with honesty, warmth, and encouragement — blending personal storytelling with practical tools for resilience and hope.

Signature Speaking Topics

- Life After Breast Cancer — fear of recurrence, new normals, resilience in survivorship
- Parenting Through Cancer — protecting and guiding children during illness
- Mental Health & Body Confidence — reclaiming self-worth after treatment
- Resilience in Hard Seasons — using adversity as a stepping stone for growth
- Faith, Hope & Healing — finding strength beyond fear

Formats Available

- Keynote Addresses
- Panel Discussions
- Workshops & Retreats
- Faith-Based Events

Audience Takeaways

- Encouragement through real, authentic storytelling
- Tools for embracing resilience and self-confidence
- A reminder that they are not alone in their struggles
- Hope and perspective that push them forward

Contact

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